

Pornography is now a major problem in nearly 50 percent of all U.S. homes. And when asked, more than 50 percent of Christian men have recently visited a pornographic site. The men whom Dr. Denny Frederick counsels—church leaders, pastors, husbands, and fathers—are from “normal” American homes. And they have a terrible, life-threatening secret: an addiction to pornography.

This timely and provocative book is intended for men who seriously want to overcome their addiction to pornography—no matter where they are today. The message is this: You are not alone; God wants you to live a life of freedom and peace. Chapters help readers achieve personal recovery as well as restoration of relationships with wives and children.

With more than 34 years of psychotherapeutic practice and international speaking experience, Dr. Frederick seeks to help men understand the damage pornography can cause in all aspects of life. The content does not judge the individual, but it takes a direct approach, offering practical tools to address and overcome the addiction. In addition to easy-to-read text, there are Scripture references and questions for self-examination or group work such as:

- How deep is your secret? Who are you kidding?
- What has your addiction cost you—in your marriage, in relationships with your children, in your job, in your finances?
- Are you ready to overcome the addiction? Do you have a plan?



By guiding the reader through the examination and recovery process, Dr. Frederick offers the reader hope of genuine transformation and renewed relationships with family—and with God.

Photo By Susan Beals



PLEASANT WORD

A DIVISION OF WINEPRESS PUBLISHING GROUP

CHRISTIAN LIVING / PRACTICAL LIFE

ISBN-13: 978-1-4141-0617-5

ISBN-10: 1-4141-0617-3



CONQUERING PORNOGRAPHY

FREDERICK



DR. DENNIS FREDERICK

# CONQUERING PORNOGRAPHY

OVERCOMING THE ADDICTION

*A Practical, Faith-Based Journey  
by Dennis Frederick, M.Div., Ph.D.*

5.50 x 8.50

.597

5.50 x 8.50



9 781414 106175